

# Roger Jahnke, OMD

319 Meigs Rd. Suite A-276 Santa Barbara, CA 93109

Phone: 805-685-4670 Fax: 805-685-4710

Email: [rjahnke@west.net](mailto:rjahnke@west.net)

Web <http://www.IIQTC.org>

## VITAE

### Experience

2000-Present Director and Founder, Institute of Integral Qigong and Tai Chi,  
Santa Barbara, California

- Conducts 200 hour Qigong and Tai teacher certification trainings.
- Lecturer and workshop leader for mind-body integration therapies.

1984 – Present CEO, Health Action, Inc.  
Santa Barbara, California

- Redesign of healthcare delivery including comprehensive multidisciplinary medicine and adjunctive health improvement strategies
- Organizational development and strategic planning of corporate culture, community health self-reliance and medical futures.

1980 –1996 Chief Administrator, Health Action Resource Center,  
Santa Barbara, California

- Director of integrative health promotion and clinical services

1977 - Present Doctor of Oriental Medicine  
Santa Barbara, California

- Private practice

### Education

1981-83 California Acupuncture College, Los Angeles, CA  
O.M.D. Oriental Medicine

1978-79 Ohio School of Medical Physiotherapy, Columbus, OH  
Master in Physiotherapy Central

1977-80 Ohio State University, Columbus, OH  
Course work in Life Sciences

1975-77 Tai Hsuan School of Oriental Medicine, Honolulu, HI  
M.Ac. Oriental Medicine

1972-74 North American Acupuncture College, Vancouver, BC  
Course work in Oriental Medicine

## Education

1965-70          University of Cincinnati, Cincinnati, OH  
B.A. Comparative World Literature

## Publications

*The Healing Promise of Qi*, Contemporary Books a Division of McGraw-Hill, 2002  
*The Most Profound Medicine*, Health Action Press, 2nd Edition, 2002  
*The Healer Within*, HarperSanFrancisco, Hardback, 1997; Paperback, 1999  
*Qigong-Chi Kung -- Awakening and Mastering the Medicine Within You*, Video, Health Action, 1997; DVD, 2004  
*Essentials of Qigong*, Video, VisionQuest, 1999

## Contributing Writer

*Cardiac Illness: Integrative Treatment and Prevention*, First Edition, Elsevier, 2004  
*Optimal Digestion: New Strategies for Achieving Digestive Health*, Healing Arts Press, 2004  
*Health on the Edge*, Tarcher, 2003  
*Alternative Medicine Sourcebook*, 2<sup>nd</sup> Edition. Omnigraphics, 2002.  
*Alternative Medicine: The Definitive Guide*, 2<sup>nd</sup> Edition, Celestial Arts, 2002  
*Boosting Immunity: Creating Wellness Naturally*, New World Library, 2002  
*Integrating Complementary Medicine into Health Systems*, Aspen Publishers, 2001  
*The Circle of Life Training Manual for the PHASES Program*, Health Action Press, 2001  
*Cancer: The Definitive Guide*, Future Medicine, 1997  
*Definitive Guide to Longevity and Anti-Aging*, Future Medicine, 1997  
*Medical Advisor to Alternative Treatment*, TimeLife, 1996

## Professional Affiliations

California State Board Licensed Doctor of Oriental Medicine  
Diplomate National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM)  
Founder and Lifetime Member National Qigong Association (NQA)  
Founder and Board Member The Healer Within Foundation  
Certified Instructor American Organization for Bodywork Therapies of Asia (AOBTA)  
Member Advisory Board for American Tai Chi Association  
Member Bottom Line/Women's Health Editorial Advisory Board